

Self Storage The Journey Getting Into The Business

Getting There The Journey of Getting the Girl of my Dreams Get On The Journey Enjoy the Journey Mystic Journey Enrique's Journey The Journey of Becoming My Journey in Getting That Ed.D. A Crooked Line My Journey To Becoming A Better Me Becoming Yourself Continuing the Journey Why Me More Myself The Journey to Becoming a Great Student Get in the Boat Design Your Own Book: Get Started on Your Journey to Self-Publishing Your Last Chance to Get It Right! (A Journey from Darkness into Light) My Journey from a Dependent Mommy to an Independent Lady: Get the Right Mindset to Make Money, Create Wealth & Set Free Diary - Get A Grip Journey to You Getting Ready for Marriage Tri the Journey: A Women's Inspirational Guide to Becoming a Triathlete in 12 Weeks My Journey to Becoming a Registered Nurse Getting Life Self-Reliance Journey To Getting It Becoming Dr. Q Becoming Fearless Getting Started: Journey to Modernization with IBM Z Life is Greater Than Limb Journey to the End of the Night The Journey of Desire A Journey to Becoming the Best-Self Suited For Success, Vol. 2 When We Get to Surf City Pirate Journey Gittel's Journey West with the Night The Journey to Find Me

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Get On The Journey Sep 01 2022 What is Get On The Journey? Several years ago I felt led to start writing men's devotions. They were primarily written for JourneyMen, men on a journey and walking with Christ. I soon found out that my devotions were not only being read by JourneyMen but also by women on the journey. Daily and "manly" activities end up being themes for devotion. God's Word can be applied to my life, and in turn to your life, through these devotions. Devotion life topics include fishing, washing the car, cleaning the pool, watching television, Peyton Manning being released, working, sleeping, winning, losing, granite shopping, etc. Each devotional also contains probing questions that can be used for self-examination or for small group study. Get On The Journey contains fifty-two devotions that recap a year of my life and writing but can be read and explored on your journey at your own pace. —David Smith, Journeymen Why should you get on the journey? "Through trials and temptations God will strengthen our faith as we journey in the race of life. It is here I find David's devotionals an inspiration for each one of us who gather together in the name of Christ. David has a special talent for reflecting life's circumstances as a tool to help us all join in the race together. Sometimes we laugh, and sometimes we cry. As you read David's devotionals, meditate on your own life circumstances. Consider how God is shaping and molding you to be a JourneyMan—a man on a journey in life with Jesus as his Savior." —Pastor Rod Lindemann, Journeymen

The Journey of Getting the Girl of my Dreams Oct 02 2022 An ordinary man, an extraordinary journey of love..... Meeting Ashish on the flight to New York was a chance encounter for Rohit. Romantic, emotional and sincere, this is Ashish's incredible story of getting the girl of his dreams. Ashish and Kriti's love story starts with a bang but fizzles out only to come blazing back again. How does this happen? The story kept Rohit hooked – am sure you will be too.

Getting There Nov 03 2022 "There!" You finally made it. You have reached the goals that you had set. Yet somehow you feel like something is missing and you set out on another adventure to reach your next "There". Have you ever wondered where the proverbial "There" is? Have you ever thought that if you could just get "There", everything would work out fine? In life, it seems as if people live in the extreme of one mind set or the other. They view "there" as a place, rather than a journey. People seem to always be seeking and yet not finding their "There". In *Getting There*, David Limerick teaches that destiny is a journey to be enjoyed and that the proverbial "There" is found in walking out the journey of your life. David teaches you how to change your mindsets and to receive peace that comes with knowing you are walking out your purpose and destiny.

Enrique's Journey May 29 2022 An astonishing story that puts a human face on the ongoing debate about immigration reform in the United States, now updated with a new Epilogue and Afterword, photos of Enrique and his family, an author interview, and more—the definitive edition of a classic of contemporary America Based on the Los Angeles Times newspaper series that won two Pulitzer Prizes, one for feature writing and another for feature photography, this page-turner about the power of family is a popular text in classrooms and a touchstone for communities across the country to engage in meaningful discussions about this essential American subject. Enrique's Journey recounts the unforgettable quest of a Honduran boy looking for his mother, eleven years after she is forced to leave her starving family to find work in the United States. Braving unimaginable peril, often clinging to the sides and tops of freight trains, Enrique travels through hostile worlds full of thugs, bandits, and corrupt cops. But he pushes forward, relying on his wit, courage, hope, and the kindness of strangers. As Isabel Allende writes: "This is a twenty-first-century Odyssey. If you are going to read only one nonfiction book this year, it has to be this one." Praise for Enrique's Journey "Magnificent . . . Enrique's Journey is about love. It's about family. It's about home."—The Washington Post Book World "[A] searing report from the immigration frontlines . . . as harrowing as it is heartbreaking."—People (four stars) "Stunning . . . As an adventure narrative alone, Enrique's Journey is a worthy read. . . . Nazario's impressive piece of reporting [turns] the current immigration controversy from a political story into a personal one."—Entertainment Weekly "Gripping and harrowing . . . a story begging to be told."—The Christian Science Monitor "[A] prodigious feat of reporting . . . [Sonia Nazario is] amazingly thorough and intrepid."—Newsday

Life is Greater Than Limb Apr 03 2020 Just before Christmas in 2012, at age fifty-three, John LeMieux lost his left leg to a recurrence of sarcoma. The unique twenty-hour rotationplasty surgery—never done on a man his age—was followed by six months of bed rest. It was only the beginning of years of physical, spiritual, and emotional growth. In this memoir, John recounts the lows and highs of a life forever altered. As an aging, ex-college athlete, John was forced to confront a life where every expectation was changed. With the help of his family and friends, he discovered that he was stronger than he knew, as he grappled with the physical loss of his leg, the crippling anxiety that attacked him, his

relationships with others, and his place in the world.

Getting Life Oct 10 2020 “A devastating and infuriating book, more astonishing than any legal thriller by John Grisham” (The New York Times) about a young father who spent twenty-five years in prison for a crime he did not commit...and his eventual exoneration and return to life as a free man. On August 13, 1986, just one day after his thirty-second birthday, Michael Morton went to work at his usual time. By the end of the day, his wife Christine had been savagely bludgeoned to death in the couple’s bed—and the Williamson County Sheriff’s office in Texas wasted no time in pinning her murder on Michael, despite an absolute lack of physical evidence. Michael was swiftly sentenced to life in prison for a crime he had not committed. He mourned his wife from a prison cell. He lost all contact with their son. Life, as he knew it, was over. Drawing on his recollections, court transcripts, and more than 1,000 pages of personal journals he wrote in prison, Michael recounts the hidden police reports about an unidentified van parked near his house that were never pursued; the bandana with the killer’s DNA on it, that was never introduced in court; the call from a neighboring county reporting the attempted use of his wife’s credit card, which was never followed up on; and ultimately, how he battled his way through the darkness to become a free man once again. “Even for readers who may feel practically jaded about stories of injustice in Texas—even those who followed this case closely in the press—could do themselves a favor by picking up Michael Morton’s new memoir...It is extremely well-written [and] insightful” (The Austin Chronicle). *Getting Life* is an extraordinary story of unfathomable tragedy, grave injustice, and the strength and courage it takes to find forgiveness.

Design Your Own Book: Get Started on Your Journey to Self-Publishing Jun 17 2021

The Journey to Becoming a Great Student Aug 20 2021 *The Journey to Becoming a Great Student* is a young man's story through the challenges and hurdles faced in his quest to be a better student of 'life'. He shares various challenges he encountered along the way and outlines important steps in overcoming them. *The Journey to Becoming a Great Student* is a must read for everyone, everyone still dreaming to get to a better place in life. New students trying to cope with the academic stress, trying to enjoy university life?while at the same time scoring good grades?will find this captivating, inspiring and educational. Rather than feeling stressed due to the academic challenges you might be facing, enjoy and savour the challenges, as they will fortify your mental strength in the future. If you are also thinking of side-stepping your university, *The Journey to Becoming a Great Student* will definitely give you a re-think. This book is a subtle explanation of the importance of education, the challenges and how they can be addressed, the knowledge and power that can be attained as a result, and how the challenges can be harnessed into every area of your life while moving forward. *The Journey to Becoming a Great Student* also contains inspirational lessons of life that will leave a positive impact in your life by helping you persevere through your personal tough times, inspiring and motivating you to never stop dreaming and to continue greasing those elbows towards achieving those dreams. I strongly believe everyone's story can help someone else, so read and enjoy my rollercoaster journey through my academic years. I am certain you will learn from it and be inspired as a result.

Becoming Fearless Jun 05 2020 Michelle Aguilar's inspiring story goes beyond her grand-prize victory on the immensely popular *The Biggest Loser*. *Becoming Fearless* is about having faith in God when you've lost faith in yourself. It is an encouragement to "feel the fear" in any obstacle in life without being paralyzed by it. Finally, it is a story about reconciliation between Michelle and her mother, an exploration of the difficult and freeing work of forgiveness, and a reminder that what you learn on the journey is even more important than the destination.

More Myself Sep 20 2021 An intimate, revealing look at one artist's journey from self-censorship to full expression As one of the most celebrated musicians in the world, Alicia Keys has enraptured the globe with her heartfelt lyrics, extraordinary vocal range, and soul-stirring piano compositions. Yet away from the spotlight, Alicia has grappled with private heartache—over the challenging and complex relationship with her father, the people-pleasing nature that characterized her early career, the loss of privacy surrounding her romantic relationships, and the oppressive expectations of female perfection. Since Alicia rose to fame, her public persona has belied a deep personal truth: she has spent years not fully recognizing or honoring her own worth. After withholding parts of herself for so long, she is at last exploring the questions that live at the heart of her story: Who am I, really? And once I discover that truth, how can I become brave enough to embrace it? *More Myself* is part autobiography, part narrative documentary. Alicia's journey is revealed not only through her own candid recounting, but also through vivid recollections from those who have walked alongside her. The result is a 360-degree perspective on Alicia's path, from her girlhood in Hell's Kitchen and Harlem to the process of growth and self-discovery that we all must navigate. In *More Myself*, Alicia shares her quest for truth—about herself, her past, and her shift from sacrificing her spirit to celebrating her worth. With the raw honesty that epitomizes Alicia's artistry, *More Myself* is at once a riveting account and a clarion call to readers: to define themselves in a world that rarely encourages a true and unique identity.

Getting Ready for Marriage Jan 13 2021 Jim Burns and Doug Fields wish you the very best for your wedding, but sadly, they won't be able to make it. What they are here for is your marriage. Jim and Doug have seen it all. They have worked with many couples and have studied extensively to uncover the essential elements for making marriages thrive. This book is their early wedding gift to you: a comprehensive, easy-to-navigate road map for beginning your union. Filled with premium fuel for the journey—including meaningful exercises, hard truths, and conversations starters—this book will nourish and guide your relationship for the long haul.

The Journey to Find Me Jun 25 2019 *The Journey to Find Me* is designed to show teenagers and young men and women how to tap into the greatness inside of them. The author uses his own experiences to pour knowledge into the readers so that they can find their purpose earlier and use it to reach their goals and dreams.

The Journey of Becoming Apr 27 2022 'The journey of becoming' is an honest, non-judgemental confrontation of personal struggles, suggesting practical ways to surmount them and attain personal goals. It is loosely based on the story of Jacob in the Bible; a man who transcended birth and societal challenges to become the best version of himself. The book contains 8 easy-to-read chapters. Each chapter can be read independently and you can choose to spend more time on some chapters than others. The chapters address topics which are close to home and relatable such as the power of forgiveness, gratitude, fear and vision. It is one book you will refer to again and again as you journey through life. It can be used as a study material, read by couples, in book clubs and should be shared with loved ones.

Suited For Success, Vol. 2 Nov 30 2019 We all have an innate desire to be successful. Yet, paralysis occurs when we don't know how to achieve the success for which we long. The truth is—it's hard to be what you have never seen. That is why representation matters. And what better way to show the next generation what great things men of color are doing than to write about it. *Suited for Success, Vol. 2*, is overflowing with wisdom from visionary author, PK Kersey, and 25 other bold men who have discovered their paths to success and are blazing a trail for those who dare to follow. The inspirational stories within the pages of this book will challenge you to walk in your own greatness. This empowering anthology highlights men of color who have fought through challenges, stood on faith, and would not quit. Their stories of triumph will motivate you to catapult your life to the next level!

The Journey of Desire Jan 31 2020 In his groundbreaking book, *The Journey of Desire*, John Eldredge invites readers to: Rediscover their God-given desire. Abandon resignation. Search again for the life they once dreamed of. Sometimes it seems we just can't get what we want. Circumstances thwart our best-laid plans. We struggle to live a heartfelt life. Worst of all, says Eldredge, the modern church mistakenly teaches its people to kill desire (calling it sin) and replace it with duty or obligation (calling it sanctification). As a result, at best Christians tend to live safe, boring lives of resignation. At worst, their desire eventually breaks out in destructive ways such as substance abuse, affairs, and pornography addictions.

Gittel's Journey Aug 27 2019 Gittel and her mother were supposed to immigrate to America together, but when her mother is stopped by the health inspector, Gittel must make the journey alone. Her mother writes her cousin's address in New York on a piece of paper. However, when Gittel arrives at Ellis Island, she discovers the ink has run and the address is illegible! How will she find her family? Both a heart-wrenching and heartwarming story, *Gittel's Journey* offers a fresh perspective on the immigration journey to Ellis Island. The book includes an author's note explaining how Gittel's story is based on the journey to America taken by Lesléa Newman's grandmother and family friend.

Continuing the Journey Nov 22 2021

Journey To Getting It Aug 08 2020

West with the Night Jul 27 2019 Describes growing up in an Africa that no longer exists, training and breeding race horses, flying mail to Sudan, and being the first woman to fly the Atlantic, east to west

Get A Grip Mar 15 2021 It's time to take your business to the next level. Eileen Sharp and Vic Hightower were frustrated. After years of profitable, predictable growth, Swan Services was in a rut. Meetings were called and discussions held, but few decisions were made and even less got done. People were pointing fingers and assigning blame, but nothing happened to solve Swan's mounting problems. It felt as though they were working harder than ever but with less impact. The company Eileen and Vic had founded and built for 10 years was a different place. It just wasn't fun anymore. Their story is not unusual. The challenges they were facing are common, predictable, and solvable. *Get A Grip* tells the story of how Swan Services resolves its issues by implementing the Entrepreneurial Operating System®. With the help of EOS, Eileen, Vic, and their leadership team master a set of managerial tools that allow them to get traction on their business, grow the business, and deliver better results for clients. The story of Swan Services is a fable, but the Entrepreneurial Operating System® is very real and has helped thousands of businesses worldwide. A complete entrepreneurial toolkit, EOS has helped thousands of businesses get to where they want to be. In *Get A Grip*, learn how Swan Services leaders learned to develop and commit to a clear vision, establish focus, build discipline, and create a healthier and more cohesive team. With characters and situations created from collective business experiences and stories, *Get A Grip* is a fable that will ring true for entrepreneurial leaders the world over and guide them to get their companies on track.

Journey to the End of the Night Mar 03 2020 When it was published in 1932, this revolutionary first fiction redefined the art of the novel with its black humor, its nihilism, and its irreverent, explosive writing style, and made Louis-Ferdinand Celine one of France's--and literature's--most important 20th-century writers. The picaresque adventures of Bardamu, the sarcastic and brilliant antihero of *Journey to the End of the Night* move from the battlefields of World War I (complete with buffoonish officers and cowardly soldiers), to French West Africa, the United States, and back to France in a style of prose that's lyrical, hallucinatory, and hilariously scathing toward nearly everybody and everything. Yet, beneath it all one can detect a gentle core of idealism.

Becoming Dr. Q Jul 07 2020 Today he is known as Dr. Q, an internationally renowned neurosurgeon and neuroscientist who leads cutting-edge research to cure brain cancer. But not too long ago, he was Freddy, a nineteen-year-old undocumented migrant worker toiling in the tomato fields of central California. In this gripping memoir, Alfredo Quiñones-Hinojosa tells his amazing life story—from his impoverished childhood in the tiny village of Palaco, Mexico, to his harrowing border crossing and his transformation from illegal immigrant to American citizen and gifted student at the University of California at Berkeley and at Harvard Medical School. Packed with adventure and adversity—including a few terrifying brushes with death—*Becoming Dr. Q* is a testament to persistence, hard work, the power of hope and imagination, and the pursuit of excellence. It's also a story about the importance of family, of mentors, and of giving people a chance.

Why Me Oct 22 2021 There are pages in this book that will break you, and there are pages that will build you up. You could take out all your fluctuating emotions in this book, and gain back your inner strength. Every time you fall get up, dust the bullshit off, and move on.

My Journey to Becoming a Registered Nurse Nov 10 2020 This book was birth out of a burning desire to share a little girl's dream to orchestrate and compose her destiny. The evidence of being orphan gets you to thinking fast, deep, and methodical. I want to take you on a journey of a child very much aware that the odds of having a decent life was going to dim to dead, and that life was not going to be a bowl of cherries, if she didn't pick those cherries herself.

A Journey to Becoming the Best-Self Jan 01 2020 The story of a woman who endures incredible pain but comes out of it empowered and stronger leading her to live out her best life. The journey takes her on a rollercoaster of emotions. She comes to the realization that her greatest love was in front of her all the time.

Self-Reliance Sep 08 2020 The Extraordinary Manifesto of Independent Living -Newly Abridged and Introduced in this Powerful Condensation *Self-Reliance* is a life-changing experience-its message of nonconformity, self-expression, and personal independence can awaken you to a new, and better, way of living. Now, historian and New Thought scholar Mitch Horowitz has deftly and faithfully retained the most powerful ideas of Ralph Waldo Emerson's original classic, and reintroduced this work in this one-of-a-kind condensation. Listenable within the space of an average commute or lunch hour, the experience of *Self-Reliance* may represent a true turning point in your life.

Pirate Journey Sep 28 2019 Dave Adams is a teenager standing at a crossroads in his life. He's lonely, a bully in need of direction. Through the pages of an ancient, leather-bound journal, Dave makes contact with an ancestor, James Adams, captain of a seventeenth century sailing-ship. Captain Adams is also straddling a fence, and the life of an honest sea-going merchant pales in comparison to the excitement and opportunities available for a captain willing to do what it takes to get ahead. Will the captain's decisions take him and his crew where they want to go? And how will those decisions affect Dave as he makes his way through high school and finds his first summer job? *Pirate Journey* explores the parallel lives of a scurvy sea captain and a high school bully as they make decisions and face the consequences of their choices, both good and bad.

Getting Started: Journey to Modernization with IBM Z May 05 2020 Modernization of enterprise IT applications and infrastructure is key to the survival of organizations. It is no longer a matter of choice. The cost of missing out on business opportunities in an intensely competitive market can be enormous. To aid in their success, organizations are facing increased encouragement to embrace change. They are pushed to think of new and innovative ways to counter, or offer, a response to threats that are posed by competitors who are equally as aggressive in adopting newer methods and technologies. The term modernization often varies in meaning based on perspective. This IBM® Redbooks® publication focuses on the technological advancements that unlock computing environments that are hosted on IBM Z® to enable secure processing at the core of hybrid. This publication is intended for IT executives, IT managers, IT architects, System Programmers, and Application Developer professionals.

When We Get to Surf City Oct 29 2019 A backup singer for Jan and Dean traces his exhilarating cross-country tour with the band, during which he recaptured his youthful dreams about freedom and adventure while visiting myriad regional sites from sports stadiums and midnight diners to back roads and carnival midways. 75,000 first printing.

My Journey To Becoming A Better Me Jan 25 2022 A quick fundamental guide for individuals who want to experience life transformation. Wisdom, tools and resources to facilitate individuals into living a better life for themselves. This book is for those who are truly serious about wanting to be a better version of themselves. Landris Barker lays the framework for individual change. He gives the reader a personal approach and provides areas for the reader to interact. This book is more than just reading but a guide that will apply to the reader throughout their lifetime.

My Journey from a Dependent Mommy to an Independent Lady: Get the Right Mindset to Make Money, Create Wealth & Set Free Diary - Apr 15 2021 Ilanit was born to be rich, yet she always struggled financially. She became so fed up with being dependant, therefore decided to do

something about it. Through working toward self-awareness she realized that her main obstacle to making money was herself, so she worked hard to change her mindset & relationship with & towards money. Her journey has been documented in a private diary, which she shares with the reader. Her deepest thoughts are being brought in a direct, honest, flowing, refreshing & touching way. The methods she used are simple to understand and follow. Ilanit believes that everybody can do the same. She believes that YOU deserve to be rich, and that you were born to be happy. She wishes to encourage you to step up and take action to change your life. Read this book to be inspired.

Your Last Chance to Get It Right! (A Journey from Darkness into Light) May 17 2021 Since antiquity, mankind has been searching for God in all the wrong places, which has resulted in a world that is tormented, driven by evil, and out of control. In traveling the globe, the author has witnessed firsthand the misery, squalor, and hopelessness of people who are struggling to find true meaning in their lives. Billions of people are living in darkness and ignorance because they have never known the peace and tranquility of a personal, loving relationship with the Lord, Jesus Christ. The author understands that trying to explain love to someone who has never been in love is not easy. But, with a fervent desire, the author attempts to show nonbelievers the way with the confidence that the Holy Spirit will do the rest.

My Journey in Getting That Ed.D. Mar 27 2022 My Journey in Getting That Ed.D.: My Memoir By: Richard S. Baskas, Ed.D. After years of researching, writing, editing again and again, Richard S. Baskas, Ed.D., finally completed his doctorate degree. In this insightful memoir, Dr. Baskas shares his experiences while going on this educational journey. Before beginning his studies, he did not realize the monumental task the lay ahead. This memoir shares the challenges and joys that come with pursuing a doctorate and contains valuable lessons for anyone wishing to venture on this path themselves.

Get in the Boat Jul 19 2021 Are You in the Boat? Risk of change and an uncertain future threaten technologists worldwide. Worse, most feel unappreciated by and disconnected from business leaders. In the Class 5 rapid called business, technologists are relegated to a second-class boat. *Get in the Boat: A Roadmap to Technology Relevance* lights the way for technologists everywhere to join business leaders in the same boat and truly affect the future of their organizations. As you read, you will learn: What the three tiers of business architecture are Why color-coding people will increase your business savvy How to be relevant to your organization's goals What to say to anyone in your business to avoid boring them How to understand and impact a business model Why you need to Elevate your color, and how to do it Browse these pages and absorb their life-changing lessons. *Get in the Boat* will teach you the way to technology relevance in a rapidly changing world.

Journey to You Feb 11 2021 Journey To You presents a no-holds barred, practical blueprint for life that empowers you to: Reconnect with who you really are. Leverage your natural talents, honing in on the key areas where you're wired to succeed. Uncover and eliminate barriers you've unconsciously created. Live with clear direction and focus by implementing The S.L.A.P. (The Seven Life-Altering Principles). Identify your WHAT that is, the one vocation you're compelled to pursue and establish a plan of action for achieving your natural-born greatness. Create at-a-glance references that identify your life's purpose, goals and inspirations.

Mystic Journey Jun 29 2022 When we live our lives consciously, universal motifs, archetypes, and timeless patterns emerge through which we discover not only who we are but also why we are deeply connected to all others. This is life's greatest adventure; it is thoroughly described in the world's wisdom traditions. *Mystic Journey* uses a multi-faith approach to reveal the path of the soul; this not a solitary quest but rather a superhighway meant for everyone. As we explore the deeper story of our soul, we also discover that we are living a lifelong process of soul-making, leading us ultimately to personal and collective transformation. Getting to the heart of your soul's story is soul-making. *Mystic Journey* guides readers to: Use their life stories to help solidify their identities, Live with an eternal perspective in mind, and Reclaim their common spiritual heritage. "This is a reminder of Keats' immortal perception that 'the world is a vale of soul making' and that the uses of psychology have to do with understanding the soul in transformation." -Stephen Larsen, Ph.D., author of *The Mythic Imagination* and *A Fire in the Mind* "Robert Atkinson's new book offers us a thoughtful and thorough guide to a new kind of heroics... This is a rich read." -Gregg Levoy, author of *Callings: Finding and Following an Authentic Life*

Enjoy the Journey Jul 31 2022 Enjoy The Journey – Life Lessons that Rhyme, is a collection of narrative poems that will make kids laugh, as well as deeply reflect on the topics of: forgiveness, unconditional love, freedom, the power of our words, having an attitude of gratitude, protecting what we let in our eye and ear gates, pressing on past failure... and more. Enjoy The Journey puts these valuable lessons to rhyming verse & stories that youth enjoy reading and can comprehend.

A Crooked Line Feb 23 2022 A first-hand account of the genealogy of the discipline, and of the rise of a new era of social history, by one of the leading historians of a generation

Becoming Yourself Dec 24 2021 Author Jan Engels-Smith sees people as brilliant, magnificent, radiant beings. *Becoming Yourself* is finding the divine self, the work of art that the universe embedded in your soul. *Becoming Yourself* is the process of chipping away that which is not yourself and discovering the self that has always existed. *Becoming you* - the true you - is a path to healing and enlightenment. Engels-Smith draws on her extensive experience with the ancient wisdom of Native American culture, shamanism, mysticism and psychology to close the gap between traditional psychological sciences and a new era of spiritual awakening. Engels-Smith weaves spiritual lessons through personal accounts and offers proven healing methods and exercises based on decades of experience. Her supportive and welcoming manner creates a powerful, practical and comprehensive guide that enlightens and motivates readers in their spiritual quest for self.

Tri the Journey: A Women's Inspirational Guide to Becoming a Triathlete in 12 Weeks Dec 12 2020 If you've ever wondered how it feels to cross a finish line, let TRI the Journey inspire you to discover new abilities, take on exciting challenges, and achieve the unthinkable -- completing a triathlon. Written especially for women, this clear, practical guide offers a weekly training program that gives any woman the skill and motivation to complete a first triathlon, or take her training to the next level.